## 10 WEEK WINTER RECREATIONAL PROGRAM

## SATURDAYS JANUARY 12TH TO MARCH 16TH, 2019

#### **DISCOVER WITH ME**

# 10:00AM-10:30AM WALKING- 3 YEARS WITH A GUARDIAN \$85( INCLUDES GST)

Explore the joy of movement with your little one and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle songs, open exploration, and gross motor development exercises, children will blossom with each passing class as they grow with their caregiver during this precious time together.

#### **DISCOVER TOTS**

10:30AM-11:00AM AGES 2 AND 3 \$85( INCLUDES GST)

Watch your child's independence and confidence soar, as our DiscoverTOTS explore and discover the benefits of a more structured dance class. Following directions, waiting for our turn, and collectively problem solving will encourage emotional and social development. Live singing, musical play, and sensory props will have these little ones moving and grooving with their friends and eager to return to class each week!

### **DISCOVER DANCE 1**

11:00AM-11:45AM AGES 3 AND 4 \$125 (INCLUDES GST)

Discover the magic of imaginative play with live singing, structured explorations, and skill development. Our DiscoverDance 1 classes offer an outlet for creative expression, physical growth, and social interaction. Children will explore the essence of movement that will lead to the discovery of multiple styles of dance.

#### **DISCOVER DANCE 2**

11:45AM-12:30PM AGES 4 AND 5 \$125 (INCLUDES GST)

As a continuation of our DiscoverDance 1 classes, our DiscoverDance 2 dancers continue the exploration of concepts with more emphasis on physical growth, flexibility, and coordination. Short choreographic combinations assist in memory development as structured explorations continue to assist the development of problem solving and social interaction.

### **JUST FOR FUN 6 AND UP**

12:30PM-1:15PM 6-9 YEARS \$125 (INCLUDES GST)

Our recreational program will give you a taste of all classes we offer at Dance Moves III. If you do not want to commit to 9 months and there is no performing or costumes involved, just FUN!!

**REGISTER ONLINE** 

WWW.DANCEMOVES3.COM

**QUESTIONS?** 

EMAIL OFFICE@DANCEMOVES3.COM